

## 業績目録

中田光紀（米国疾病予防センター国立労働安全衛生研究所）

### (a) 外国語による論文・著書（分担執筆を含む）

67. \*Nakata, A. (in press). Psychosocial job stress and immunity – A systematic review. In Q. Yan (Ed.), *Psychoneuroimmunology: Methods and Protocols*. New York, USA.: Humana Press. (受理通知コピー添付)
66. Wiegand, D. M., Chen, P. Y., Hurrell, J. J. Jr., Jex, S., Nakata, A., Nigam, J. A., Robertson, M., & Tetrick, L. (in press). A consensus method for updating psychosocial measures used in NIOSH health hazard evaluations. *Journal of Occupational and Environmental Medicine*. (2010 IF=1.980) (受理通知コピー添付)
65. \*Nakata, A. (2012). Investigating the associations between work hours, sleep status, and self-rated health among full-time employees. *International Journal of Public Health*. (2010 IF=2.241) (Online ahead of print コピー添付)
64. \*Nakata, A., Takahashi, M., & Irie, M. (2012). Association of overtime work with cellular immune markers among healthy daytime white-collar employees. *Scandinavian Journal of Work, Environment, and Health*, 38, 56-64. (2010 IF=3.540)
63. \*Kubota, K., Shimazu, A., Kawakami, N., Takahashi, M., Nakata, A., & Schaufeli, W. B. (2011). The empirical distinctiveness of workaholism and work engagement among hospital nurses in Japan: The effect on sleep quality and job performance. *Ciencia & Trabajo*, 13, 152-157.
- ※ 62. \*Nakata, A., Irie, M., & Takahashi, M. (2011). Association of general fatigue with cellular immune indicators among healthy white-collar employees. *Journal of Occupational and Environmental Medicine*, 53, 1078-1086. (2010 IF=1.980)
- ※ 61. \*Nakata, A., Irie, M., & Takahashi, M. (2011). Psychological distress, depressive symptoms, and cellular immunity among healthy individuals: a 1-year prospective study. *International Journal of Psychophysiology*, 81, 191-197. (2010 IF=2.378)
- ※ 60. \*Nakata, A., Takahashi, M., & Irie, M. (2011). Effort-reward imbalance, overcommitment, and cellular immune measures among white-collar employees. *Biological Psychology*, 88, 270-279. (2010 IF=3.348)
59. \*Nakata, A. (2011). Effects of long work hours and poor sleep characteristics on workplace injuries among full-time male employees of small and medium-scale businesses. *Journal of Sleep Research*, 20, 576-584. (2010 IF=3.361)
- ※ 58. \*Nakata, A. (2011). Work hours, sleep sufficiency, and prevalence of depression among full-time employees: A community-based cross-sectional study. *Journal of Clinical Psychiatry*, 72, 605-614. (2010 IF=5.023)

57. \*Nakata, A., Takahashi, M., Irie, M., Ray, T., & Swanson, N. G. (2011). Job satisfaction, common cold, and sickness absence among white-collar employees: A cross-sectional survey. *Industrial Health*, 49, 116-121. (2010 IF=0.950)
- ※ 56. \*Nakata, A., Takahashi, M., Irie, M., & Swanson, N. G. (2010). Job satisfaction is associated with elevated natural killer cell immunity among healthy white-collar employees. *Brain, Behavior, and Immunity*, 24, 1268-1275. (2010 IF=3.956)
55. \*Nakata, A., Swanson, N. G., & Caruso, C. C. (2010). Nurses, smoking, and immunity: A review. *Rehabilitation Nursing*, 35, 198-205. (2010 IF=0.615)
54. \*Nakata, A., Takahashi, M., Otsuka, Y., & Swanson, N. G. (2010). Is self-rated health associated with blood immune markers in healthy individuals? *International Journal of Behavioral Medicine*, 17, 234-242. (2010 IF=1.762)
53. \*Kubota, K., Shimazu, A., Kawakami, N., Takahashi, M., Nakata, A., & Schaufeli, W. B. (2010). Association between workaholism and sleep quality among hospital nurses. *Industrial Health*, 48, 864-871. (2010 IF=0.950)
52. \*Nakata, A., Takahashi, M., Swanson, N. G., Ikeda, T., & Hojou, M. (2009). Active cigarette smoking, secondhand smoke exposure at work and home, and self-rated health. *Public Health*, 123, 650-656. (2009 IF=1.261)
51. \*Ikeda, T., Nakata, A., Takahashi, M., Hojou, M., Haratani, T., Nishikido, N., & Kamibeppu, K. (2009). Correlates of depressive symptoms among workers in small- and medium-scale manufacturing enterprises in Japan. *Journal of Occupational Health*, 51, 26-37. (2009 IF=1.252)
50. \*Nakata, A., Takahashi, M., Ikeda, T., Hojou, M., Nigam, J. A., & Swanson, N. G. (2008). Active and passive smoking and depression among Japanese workers. *Preventive Medicine*, 46, 451-456. (2008 IF=2.757)
49. \*Nakata, A., Takahashi, M., Haratani, T., Ikeda, T., Hojou, M., Fujioka, Y., & Araki, S. (2008). Association of active and passive smoking with sleep disturbances and short sleep duration among Japanese working population. *International Journal of Behavioral Medicine*, 15, 81-91. (2008 IF=1.437)
48. \*Otsuka, Y., Suzuki, A., Takada, M., Tomotake, S., & Nakata, A. (2008). The Japanese Version of the “COPE” Inventory: A Study in School Teachers. *Psychological Report*, 103, 395-405. (2008 IF=0.309)
47. \*Nakata, A., Takahashi, M., Ikeda, T., Haratani, T., Hojou, M., & Araki, S. (2008). Perceived psychosocial job stress and sleep bruxism among male and female workers. *Community Dentistry and Oral Epidemiology*, 36, 201-209. (2008 IF=1.963)
46. \*Nakata, A., Irie, M., & Takahashi, M. (2008). Smoking, exposure to passive smoking, and mental health - A focus on gender differences -. In K. P. Tolson & E. B. Veksler (Eds.), *Research Focus on Smoking and Women's Health* (pp93-138). NY, USA: NOVA Science Publisher.
45. \*Nakata, A., Takahashi, M., Ikeda, T., & Hojou, M. (2008). Socioeconomic, lifestyle, and occupational factors associated with poor self-rated health in

- workers of small- and medium-scale manufacturing businesses. In J. B. Garner, & T. C. Christiansen (Eds.), *Social Sciences in Health Care and Medicine* (pp139-165). NY, USA: NOVA Science Publisher.
44. \*Nakata, A., Takahashi, M., Irie, M., Fujioka, Y., Haratani, T., & Araki, S. (2007). Relationship between cumulative effects of smoking and memory CD4+ T lymphocyte subpopulations. *Addictive Behaviors*, *32*, 1526-1531. (2007 IF=1.752)
  43. \*Nakata, A., Takahashi, M., Ikeda, T., Hojou, M., & Araki, S. (2007). Perceived job stress and sleep-related breathing disturbance in Japanese male workers. *Social Science & Medicine*, *64*, 2520-2532. (2007 IF=2.453)
  42. \*Otsuka, Y., Takahashi, M., Nakata, A., Haratani, T., Kaida, K., Fukasawa, K., Hanada, T., & Ito, A. (2007). Sickness absence in relation to psychosocial work factors among daytime workers in an electric equipment manufacturing company. *Industrial Health*, *45*, 224-231. (2007 IF=0.732)
  41. \*Takahashi, M., Nakata, A., Haratani, T., Otsuka, Y., Kaida, K., & Fukasawa, K. (2006). Psychosocial work characteristics predicting daytime sleepiness in day and shift workers. *Chronobiology International*, *23*, 1409-1422. (2006 IF=2.517)
  40. \*Nakata, A., Ikeda, T., Takahashi, M., Haratani, T., Hojou, M., Fujioka, Y., & Araki, S. (2006). Non-fatal occupational injury among active and passive smokers in small and medium-scale manufacturing enterprises in Japan. *Social Science & Medicine*, *63*, 2452-2463. (2006 IF=2.749)
  39. \*Iwasaki, K., Takahashi, M., & Nakata, A. (2006). Health problems due to long working hours in Japan: Working hours, workers' compensation (Karoshi), and preventive measures. *Industrial Health*, *44*, 537-540. (2006 IF=0.911)
  38. \*Nakata, A., Ikeda, T., Takahashi, M., Haratani, T., Hojou, M., Fujioka, Y., Swanson, N. G. & Araki, S. (2006). Impact of psychosocial job stress on non-fatal occupational injuries in small and medium-sized manufacturing enterprises. *American Journal of Industrial Medicine*, *49*, 658-669. (2006 IF=1.433)
  37. Nakata, A., \*Araki, S., Park, S. H., Park, J. T., Kim, D. S., Park, H. C., & Yokoyama, K. (2006). Decreases of CD8+ T, Naïve (CD4+CD45RA+) T, and B (CD19+) lymphocytes by exposure to Manganese fume. *Industrial Health*, *44*, 592-597. (2006 IF=0.911)
  36. \*Kaida, K., Takahashi, M., Akerstedt, T., Nakata, A., Otsuka, Y., Haratani, T., & Fukasawa, K. (2006). Validation of the Karolinska Sleepiness Scale against performance and EEG variables. *Clinical Neurophysiology*, *177*, 1574-1581. (2006 IF=2.718)
  35. \*Nakata, A., Ikeda, T., Takahashi, M., Haratani, T., Hojou, M., Fujioka, Y., Swanson, N. G., & Araki, S. (2006). The prevalence and correlates of occupational injuries in small-scale manufacturing enterprises. *Journal of Occupational Health*, *48*, 366-376. (2006 IF=1.848)

34. \*Fukasawa, K., Akikawa, H., Okazaki, I., Haratani, T., Takahashi, M., Nakata, A., Otsuka, Y., Kaida, K., & Hanada, T. (2006). Perceived sleepiness of non-shift working men in two different types of work organization. *Journal of Occupational Health*, 48, 230-238. (2006 IF=1.848)
33. \*Kaida, K., Takahashi, M., Haratani, T., Otsuka, Y., Fukasawa, K., & Nakata, A. (2006) Indoor exposure to natural bright light prevents afternoon sleepiness. *Sleep*, 29, 462-469. (2006 IF=5.126)
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31. Miyazaki, T., Ishikawa, T., Nakata, A., Sakurai, T., Miki, A., Fujita, O., Kobayashi, F., Haratani, T., Iimori, H., Sakami, S., Fujioka, Y., & \*Kawamura, N. (2005). Association between perceived social support and Th1 dominance. *Biological Psychology*, 70, 30-37. (2005 IF=3.000)
30. \*Nakata, A., Haratani, T., Takahashi, M., Kawakami, N., Arito, H., Kobayashi, F., Fujioka, Y., Fukui, S., & Araki, S. (2004). Association of sickness absence with poor sleep and depressive symptoms in shift workers. *Chronobiology International*, 21, 899-912. (2004 IF=1.521)
29. Nakata, A., \*Tanigawa, T., Araki, S., Sakurai, S., & Iso, H. (2004). Lymphocyte subpopulations among passive smokers. *Journal of the American Medical Association (JAMA)*, 291, 1699-1700. (2004 IF=24.831)
28. \*Tanigawa, T., Takehashi, H., & Nakata, A. (2004). Naive CD4+CD45RA+ T cell subpopulation is susceptible to various types of hazardous substances in the workplace. *International Journal of Immunopathology and Pharmacology*, 17, 109-114. (2004 IF=3.570)
27. \*Takahashi, M., Nakata, A., Haratani, T., Ogawa, Y., & Arito, H. (2004). Post-lunch nap as a worksite intervention to promote alertness on the job. *Ergonomics*, 47, 1003-1013. (2004 IF=0.741)
26. Sakami, S., Maeda, M., Maruoka, T., Nakata, A., Komaki, G., & \*Kawamura, N. (2004). Positive coping up- and down-regulates in vitro cytokine productions from T cells dependent on stress levels. *Psychotherapy and Psychosomatics*, 73, 243-251. (2004 IF=3.987)
25. \*Nakata, A., Haratani, T., Takahashi, M., Kawakami, N., Arito, H., Kobayashi, F., & Araki, S. (2004). Job stress, social support, and prevalence of insomnia in a population of Japanese daytime workers. *Social Science & Medicine*, 59, 1719-1730. (2004 IF=2.75)
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23. \*Tanigawa, T., Kitamura, A., Yamagishi, K., Sakurai, S., Nakata, A., Yamashita, H., Sato, S., Ohira, T., Imano, H., Shimamoto, T., & Iso, H. (2003). Relationships

- of differential leukocyte and lymphocyte subpopulations with carotid atherosclerosis in elderly men. *Journal of Clinical Immunology*, 23, 469-476. (2003 IF=2.361)
22. \*Yoshida, R., Ogawa, Y., Mori, I., Nakata, A., Wang, R., Ueno, S., Shioji, I., & Hisanaga, N. (2003). Associations between oxidative stress levels and total duration of engagement in jobs with exposure to fly ash among workers at municipal solid waste incinerators. *Mutagenesis*, 18, 533-537. (2003 IF=1.821)
21. Sakami, S., Nakata, A., Yamamura, T., & \*Kawamura, N. (2002-2003). Psychological stress increases human T cell apoptosis in vitro. *Neuroimmunomodulation*, 10, 224-231. (2003 IF=1.122)
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19. Nakata, A., \*Tanigawa, T., Fujioka, Y., Kitamura, F., Iso, H., & Shimamoto, T. (2002). Association of low job control with a decrease in memory (CD4+CD45RO+) T lymphocytes in Japanese middle-aged workers in an electric power plant. *Industrial Health*, 40, 142-148. (2002 IF=0.563)
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17. Tanigawa, T., \*Araki, S., Nakata, A., Yokoyama, K., Sakai, T., & Sakurai, S. (2001). Decreases of natural killer cells and T-lymphocyte subpopulations and increases of B lymphocytes following a 5-day occupational exposure to mixed organic solvents. *Archives of Environmental Health*, 56, 443-448. (2001 IF=1.398)
16. Nakata, A., \*Araki, S., Tanigawa, T., Miki, A., Sakurai, S., Kawakami, N., Yokoyama, K., & Yokoyama, M. (2000). Decrease of suppressor-inducer (CD4+CD45RA+) T lymphocytes and increase of serum immunoglobulin G due to perceived job stress in Japanese nuclear electric power plant workers. *Journal of Occupational and Environmental Medicine*, 42, 143-150. (2000 IF=1.251)
15. \*Nakata, A., Haratani, T., Kawakami, N., Miki, A., Kurabayashi, L., & Shimizu, H. (2000). Sleep problems in white-collar male workers in an electric equipment manufacturing company in Japan. *Industrial Health*, 38, 62-68. (2000 IF=0.500)
14. Park, S. H., \*Araki, S., Nakata, A., Kim, Y. H., Park, J. A., Tanigawa, T., Yokoyama, K., & Sato, H. (2000). Effects of occupational metallic mercury vapour exposure on suppressor-inducer (CD4+CD45RA+) T lymphocytes and CD57+CD16+ natural killer cells. *International Archives of Occupational and Environmental Health*, 73, 537-542. (2000 IF=1.167)

13. Tanigawa, T., \*Araki, S., Nakata, A., Sukurai, S., & Miki, A. (1999). Effects of smoking and Japanese cedar pollinosis on lymphocyte subpopulations. *Archives of Environmental Health*, 54, 119-123. (1999 IF=1.308)
12. Tanigawa, T., \*Araki, S., Nakata, A., Kitamura, F., Yasumoto, M., Sakurai, S., & Kiuchi, T. (1998). Increase in memory (CD4+CD29+ and CD4+CD45RO+) T and naive (CD4+CD45RA+) T-cell subpopulations in smokers. *Archives of Environmental Health*, 53, 378-383. (1999 IF=1.308)
11. \*Kawamura, N., Tamura, H., Obana, S., Wenner, M., Ishikawa, T., Nakata, A. & Yamamoto, H. (1998). Differential effects of neuropeptides on cytokine production by mouse helper T cell subsets. *Neuroimmunomodulation*, 5, 9-15. (1998 IF=0.740)
10. Tanigawa, T., \*Araki, S., Sata, F., Nakata, A. & Araki, T. (1998). Effects of smoking, aromatic amines, and chromates on CD4+ and CD8+ T lymphocytes in male workers. *Environmental Research*, 78, 59-63. (1997 IF=1.226)
9. Tanigawa, T., \*Araki, S., Nakata, A., & Sakurai, S. (1998). Increase in the helper inducer (CD4+CD29+) T lymphocytes in smokers. *Industrial Health*, 36, 78-81. (1998 IF=0.279)
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7. Sata, F., \*Araki, S., Sakai, T., Nakata, A., Yamashita, K., Morita, Y., Tanigawa, T., & Miki, A. (1997). Immunological effects of CaEDTA injection: observations in two lead workers. *American Journal of Industrial Medicine*, 32, 674-680. (1997 IF=1.280)
6. \*Kawakami, N., Tanigawa, T., Araki, S., Nakata, A., Sakurai, S., Yokoyama, K., & Morita, Y. (1997). Effects of job strain on helper-inducer (CD4+CD29+) and suppressor-inducer (CD4+CD45RA+) T cells in Japanese blue-collar workers. *Psychotherapy and Psychosomatics*, 66, 192-198. (1997 IF=1.805)
5. \*Dewaraja, R., Tanigawa, T., Araki, S., Nakata, A., Kawamura, N., Ago, Y., & Sasaki, Y. (1997). Decreased cytotoxic lymphocyte counts in alexithymia. *Psychotherapy and Psychosomatics*, 66, 83-86. (1997 IF=1.805)
4. \*Kawamura, N., Dewaraja, R., Tanigawa, T., Kiuchi, T., Araki, S., Nakata, A., Miki, A., & Ago, H. (1997). Increases in neutrophil and decrease in cytotoxic lymphocytes in highly alexithymic subjects. In F. Sendo, & R. B. Herberman (Eds.), *Discussions on Future Directions in Psychoneuroimmunology and Cancer*. Tokyo: Nishimura/Smith-Gordon.
3. Nakata, A., \*Araki, S., Tanigawa, T., Sakurai, S., & Yokoyama, M. (1996). Effects of uncontrollable and controllable electric shocks on T lymphocyte subpopulations in the peripheral blood, spleen, and thymus of rats. *Neuroimmunomodulation*, 3, 336-341. (1996 IF=0.00)
2. Sata, F., \*Araki, S., Sakai, T., Yamashita, K., Nakata, A., Tanigawa, T., Miki, A., & Morita, Y. (1996). Effects of CaEDTA injection on immunological and

heme-related indices: observations in two lead workers. *Plzensky Lekarsky Sbornik Suppl*, 71, 105-106.

1. Tanigawa, T., \*Araki, S., Nakata, A., & Kitamura, F. (1996). Decreases in subpopulations of T lymphocytes and natural killer cells in the blood of retired chromate workers. *International Journal of Occupational and Environmental Health*, 2, 222-225. (1996 IF=1.170)

(b) 国際学会・海外学会での発表・講演等

1) 特別講演（国際学会）

1. Nakata, A. (2006). International Perspectives on Work, Stress, and Health: Status of Knowledge – New Research Challenges – Building Research and Practice. Closing plenary. *The 6<sup>th</sup> APA-NIOSH conference*, Miami, Florida, USA.

2) 招待講演

2. Nakata, A. (2006). Stress, sleep and the immune system. *University of California, Irvine, USA. Center for Occupational and Environmental Medicine*. (Invited)
1. Nakata, A. (2006). Epidemiology of sleep. *NIOSH, Morgantown, USA*. (Invited)

3) シンポジウム

2. Nakata, A. (2011). Work hours, sleep sufficiency, and prevalence of depression among full-time employees: A community-based cross-sectional study (Symposium). *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
1. Nakata, A. (2006). The First NIIH – NIOSH Symposium on long working hours. Job stress, working hours, and immune function in white-collar workers. *NIOSH Cincinnati Taft Labs*, March 26.

4) ワークショップ

1. Nakata, A. (2011). Work hours and immune-related outcomes. *Work hours risk assessment methods development workshop*. *NIOSH Cincinnati Taft Labs*, November 7-8.

5) 国際セミナー

2. Nakata, A. (2011). Overview of occupational health research systems in the United States. *International seminar on occupational health*. *Center for Occupational and Environmental Health, University of California, Irvine*, September 12. (Invited)
1. Nakata, A. (2011). Long work hour, mandatory overtime, and workplace injuries. *International seminar on occupational health*. *Center for Occupational and Environmental Health, University of California, Irvine*, September 12. (Invited)

6) 一般講演 (国際学会)

50. Nakata, A. (2011). Effects of long work hours and poor sleep characteristics on workplace injury among full-time employees. *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
49. Nakata, A., Swanson N, G., Sauter S, L., & Nigam J, A. (2011). Long work hours, mandatory overtime, and workplace injury from the 2002/2006 General Social Survey. *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
48. Nakata, A., Ikeda, T., Reissmann D., & Kowalski-Trakolfer, K. (2011). Rebuilding and restoring mental health following the Japan mass disaster - A roundtable discussion -. *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
47. Park, J. B., Nakata, A., Chun, H. K., & Swanson, N. G. (2011). Association of psychosocial work characteristics with sleep problem among Korean workers. *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
46. Yang, H., Nakata, A., Choi, B. K., Schnall, P., & Baker, D. (2011). Changing demographics and work patterns of the U.S. labor force, 1999-2009. *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
45. Wiegand, D. M., Chen, P. Y., Hurrell, J. J. Jr., Jex, S., Nakata, A., Nigam, J. A. S., Robertson, M., & Tetrick, L. (2011). Selecting measures of job stressors for use in NIOSH health hazard evaluations – A roundtable discussion -. *The 9<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Orlando, Florida, USA.
44. Sieber, W. K., Birdsey, J., Chen, G-X., Hitchcock, E., Lincoln, J., Nakata, A., & Robinson, C. (2010). Methods for collecting health & wellness information from long-haul truck drivers: Lessons learned. *International Conference on Commercial Driver Health & Wellness*, Baltimore, MD, USA.
43. Sieber, W. K., Caruso, C. C., Hitchcock, E. M., & Nakata, A. (2010). Research and training efforts in sleep and trucking at the National Institute for Occupational Safety and Health (NIOSH). *National sleep apnea and trucking conference*, Baltimore, Maryland, USA.
42. Nakata, A., Takahashi, M., Otsuka, Y., & Swanson, N. G. (2009). Relationship between self-rated health and blood immune markers among healthy employees. *The 8<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, San Juan, Puerto Rico, USA.
41. Nakata, A., Takahashi, M., Irie, M., & Swanson, N. G. (2009). Job satisfaction, cellular immunity, and common infection among Japanese workers. *The 8<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, San Juan, Puerto Rico, USA.
40. Yang, H., Nakata, A., Choi, B., Schnall, P., & Baker, D. (2009). Work–Family Related Risk Factors for Major Depression. *The 8<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, San Juan, Puerto Rico, USA.



39. Ikeda, T., & Nakata, A. (2009). The Strongest Factor Associated with Depression among Male Workers in Small Scale Enterprises in Japan. *The 8<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, San Juan, Puerto Rico, USA.
38. Kubota, K., Shimazu, A., Kawakami, N., Takahashi, M., Nakata, A., & Schaufeli, W. B. (2009). Association between workaholism and sleep quality among hospital nurses. *The 8<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, San Juan, Puerto Rico, USA.
37. Haratani, T., Nakata, A., & Ostuka, Y. (2009). Job stress and depression in information technology workers. *29<sup>th</sup> International Congress on Occupational Safety and Health*, Cape Town, South Africa.
36. Ikeda, T., & Nakata, A. (2009). Development of the support method of the participatory health practice among workers in small scale enterprises. *29<sup>th</sup> International Congress on Occupational Safety and Health*, Cape Town, South Africa.
35. Nakata, A., Takahashi, M., Ikeda, T., Hojou, M., & Swanson, N. G. (2008). Job stress and self-rated health among working men and women. *The 7<sup>th</sup> APA-NIOSH conference*, Washington DC, USA.
34. Nakata, A., Takahashi, M., Ikeda, T., Haratani, T., Hojou, M., & Araki, S. (2008). Perceived job stress and sleep-related breathing disturbance in Japanese male workers. *The 7<sup>th</sup> APA-NIOSH conference*, Washington DC, USA.
33. Yang, H., Nakata, A., Chen, J., Su, T, Schnall, P., & Baker, D. (2008). Duration of sleep, type of work, and self-reported hypertension. *The 7<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Washington DC, USA.
32. Ikeda, T., & Nakata, A. (2008). Development of the self-rating scale of occupational depressive symptoms. *The 7<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Washington DC, USA.
31. Nakata, A., Takahashi, M., Haratani, T., Fujioka, Y., Fukasawa, K., Swanson, N. G., & Araki, S. (2006). Job stress, work hours, and immune function in white-collar workers. *The 6<sup>th</sup> APA-NIOSH conference*, Miami, Florida, USA.
30. Takahashi, M., Nakata, A., Haratani, T., Otsuka, Y., Kaida, K., Fukasawa, K., Naka, M., Saito, R., Kobayashi, T., Tanaka, Y., & Tachibana, N. (2006). Sickness absence depending on daytime sleepiness in shift workers. *The 6<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Miami, Florida, USA.
29. Scharf, T., Murphy, L., & Nakata, A. (2006). Is there a cumulative impact from long workhours on health? *The 6<sup>th</sup> APA-NIOSH Work, Stress and Health conference*, Miami, Florida, USA.
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2009年～ 編集委員 *International Journal of Psychology and Counseling*

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以上