

Newsletter for the International Congress of Psychology 2016 (ICP2016) Yokohama, Japan

> Important Dates | Keynote Speakers | Call for Abstracts Registration | Venue and Access

#### <u>Congress Theme</u>: Diversity in Harmony:

Insights from Psychology In today's world, diversity in our

world can be seen as both problematic and beneficial. Diversity is related to ethnicity and culture, as well as physical attributes and health. There is also diversity among the various domains of the field of psychology. The term 'harmony' is derived from Greek words meaning "joint, agreement, concord" and "to fit together, to join," and is most often used in music to indicate different tones that make a pleasing or striking sound when played together. This concept of "living together," i.e., of many diverse constituent parts coexisting in accord, forms the basis of ICP2016.

### Holiday Greetings to Colleagues Around the World from ICP2016 President

On behalf of the ICP2016 organizing committee, I wish you all a very happy holiday season.

As another year passes and a new one begins, we are reminded that 2016 is the quadrennial year of the next International Congress of Psychology – the world's largest gathering of psychologists. This will be an unparalleled opportunity for you to share original ideas and exchange knowledge about the most recent progress in psychology with colleagues from around the world. The program will include distinguished scholars as well as promising younger researchers from a wide variety of areas of psychology.

ICP2016 will be held in the cosmopolitan city of <u>Yokohama</u>, adjacent to exciting Tokyo, the world's largest metropolis. You will encounter innovative modernity and ancient traditions, as well as welcoming Japanese hospitality. We think you will enjoy the social and cultural activities we are planning for the congress.

If you have not yet submitted an abstract, please note that the program committee has just extended <u>the general submission deadline</u> until January 15, 2016. Please do not delay taking advantage of this opportunity.

According to the Asian zodiac, 2016 will be the Year of the Monkey. The monkey is a clever creature, known for its curiosity and creativity. Therefore, we believe this to be an auspicious year for ICP2016, and your participation in the Congress. We look forward to seeing you in Yokohama in July.

Sincerely,





Second

<u>Announcement</u>

To view the Second Announcement of ICP2016, please click the thumbnail image. This document includes the following details: Important days, Preliminary Scientific Program, Congress Information, etc.





Kazuo Shigemasu President of the ICP2016 Organizing Committee

### Social Program

The Organizing Committee will set up a <u>special events program for ICP2016</u>. Here, we introduce a selection of them.

# On the night of the Congress Dinner, please try Japanese cuisine prepared especially for ICP2016 participants

Japanese cuisine is now recognized as a UNESCO Intangible Cultural Heritage. The magic of Japanese cuisine is its healthy balance of filling and delicious low-calorie foods. There is such a wide variety of food that at least 30 different types of food a day can be eaten. This diet contributes to Japan having the world's highest average life expectancy of 84 years.

Japanese cuisine is an art form that balances the taste, texture, and color of food, presented on pretty little dishes and plates, carefully chosen to enhance both the appearance and the seasonal theme of the meal. "Eat with your eyes" and enjoy the beauty of Japanese cuisine. The official Facebook and Twitter accounts of the events are now online.

#### Congress Venue



Pacifico Yokohama is one of Japan's most distinguished convention centers. It is located on the waterfront of Yokohama Bay, directly facing the water with a striking harbor view. The Pacifico consists of the National Convention Hall, the Conference Center, the Exhibition Hall, and hotels. All buildings are designed in marine and nature motifs, such as the shapes of waves and wind. Visitors can relax as fresh breezes blow in off the ocean.

#### Yokohama City



The conference will be held in Yokohama, the harbor city first introduced to the world as the gateway to Japan. Yokohama is located in the heart of Japan, very near Tokyo. Information on Yokohama is available from the website of the Yokohama Convention & Visitors Bureau.



During the congress, please enjoy Japanese cultural programs for delegates and accompanying persons





Tea Ceremony

#### Japanese harp performance

## Optional tour for anyone interested in Zen practice conducted in English

Zazen is considered the heart of Japanese Soto Zen Buddhist practice. The aim of zazen is just sitting, that is, suspending all judgmental thinking and letting words, ideas, images and thoughts pass by without getting involved in them.



#### Zazen "seated meditation"

We look forward to welcoming you in Yokohama, Japan.

Best regards,

The ICP2016 Organizing Committee

