

One Year On ...

What progress has been made? What next?

International Summit on Psychology and Global Health
A Leader in Climate Action
Lisbon Nov 14th – 16th 2019



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1. Introduction

The inaugural International Summit on Psychology and Global Health: A Leader in Climate Action (“Climate Summit”) took place in Lisbon between November 14-16 2019. Organised by the Psychological Associations of Portugal and the USA, it was the first effort of its kind to bring international psychological associations together to address a pressing global issue.

CEOs, Presidents, and designated executive leaders from 44 Psychological Associations, comprising 38 national societies and 6 cross-national and regional organisations were invited to this Climate Summit. They were joined by 8 ‘observers’, 4 invited speakers, the President of Portugal Marcelo Rebelo de Sousa, the Portuguese Minister of Health and both of us as facilitators.

At the end of the Summit, participants came up with commitments designed to forward a global effort on psychology and climate and developed an agenda for 2020. The APA lent their considerable resources and expertise to support this global effort. Virtual meetings were held in December 2019 and January 2020 and a Steering Group formed. Progress was made on national plans developed during the Summit and in establishing a framework for further work.

However, in the first quarter of 2020, work effectively halted on the climate change work as the COVID-19 global pandemic resulted in a shift of focus from ‘climate’ to the Coronavirus. Membership expanded to 65 national, regional, and international associations from every continent on the globe. Members began meeting twice weekly to learn from experts in global mental health, to consult and collaborate with the leadership team and to produce practical tools and documents based on psychological science for the public, policy makers and/or health professionals, including psychologists.

This expanded community of international psychological associations has now become the ‘Global Psychology Alliance’. The experience with COVID had reinforced the importance of collaborative work between international psychology leaders due to the scale of challenges facing humankind and resulted in a desire to put the collaboration on a more ‘formal’ basis.

In Q3 2020, the Global Alliance resumed its work on climate change through the formation of a subgroup dealing with the topic.

This short report summarizes in one place the work done at the Summit, the progress that has been made since then, and the challenges for the future as they appear to us in November 2020, ‘one year on’. It includes our observations and recommendations on next steps as facilitators of the original event and participants in the follow up. We have shared these with the Global Alliance subgroup and incorporated their feedback in the final version.

2. Immediate Outcomes from the Summit

There is always a challenge in producing tangible outcomes from a group of international participants coming from very diverse backgrounds to a one-off Summit, particularly when they are representatives of national organisations of different sizes, with different levels of resource, and different priorities. Dealing with a complex global issue such as climate change with many facets does not make things easier, and psychologists are rarely the most compliant of audiences.

Yet it was clear from the start of the Summit that much more united the participants than divided them. The impact of climate change varies from country to country but remains an immediate 'interconnected' global challenge transcending national boundaries. There were some graphic presentations from societies showing the impact of global warming NOW and reinforcing the urgency of the situation. A strong case was articulated which emphasised the importance of a unified 'One World' response to this issue on the part of the profession and the desirability of advocating 'One Psychology, One Humanity'.

There were also some more tangible outcomes:

- **A Proclamation drawn up ahead of the meeting – and a more detailed Resolution (Attachment 1)** signed by all participants at the end – publicly reinforced the commitment of all those attending to take action on climate change. These were in themselves significant accomplishments. Even in the absence of any other outcome or call to action, they were major achievements uniting psychologists on a global scale.
- **30 National Associations produced plans for the next six months (Attachment 2)** to be shared with all Summit Participants - and identified areas where they were interested in contributing internationally. These plans not only provide a summary of and/or focus for local action but also provide insights into the global situation and possible areas for collaboration.

In many cases, there was good early progress on these plans which were summarized at around the time of the first Steering Committee meetings at the end of January 2020. However, subsequent updates have been put on hold due to COVID.

- **Briefs were produced on topics for international co-operation (Attachment 3).** Substantial progress was made during the event and it was intended that further work would be carried out post Summit to consolidate this. Six key interest areas were identified: i) Research and science; ii) Building a social network; iii) Developing a toolkit for national associations; iv) Educating psychologists on climate change; v) Campaigns influencing public policy; vi) Developing a 'one world' approach.

3. Follow-up from the Summit

A Steering Group was convened in January 2020 to guide and coordinate the follow-up process. It had an initial meeting on January 30th. Its overall aim was to find ways of ensuring that the profession had a global voice in areas where it had a unique contribution to make and that psychology's insights from research and practice on human systems, attitudes and behaviours were swiftly and fully brought to bear on this potentially existential global challenge, in particular that:

- psychological and behavioural considerations are factored properly into international agreements and treaties
- messages on climate change are delivered to the right audiences in ways that build support
- societies deal with the anxiety and mental health issues increasingly associated with climate change – before, during and after crises
- influential organisational and political leaders can best be persuaded to take climate change into account in policy formulation
- interventions on climate change work as intended and do not just end up creating social disharmony, polarisation and division

The group recognised that fulfilling these goals required building a global professional community, ensuring that those with less experience can swiftly get up to speed and learn from those who already have deep expertise. This is because the credibility of any interventions at a global level is likely to be strongly influenced by the quality of psychological inputs at national level and informed interventions in national jurisdictions.

The group also recognised that a key first task was to decide how best to prioritise, resource, and manage the work associated with the six working groups formed at Lisbon. The Steering Committee felt that developing a social network platform and community to facilitate exchange of ideas was a sensible starting point. It also believed that research/science and influencing public policy were key, as internationally agreed science and research could provide the solid foundation needed to impact key decision makers.

Regional Working Groups were set up in February to support the Steering Committee in deciding how best to move this forward. Results of their discussions indicated that most associations were in practice focusing their work in three areas: education, communication, and policy. Immediate recommendations were made on how best to share information to ensure everyone was up to speed through use of shared resources on the LIST SERV. Other recommendations on media campaigns and influencing public policy were proposed, all in the context of leading up to the upcoming UN Climate Change Conference in Glasgow.

Both the Steering Group and Regional Groups halted in the March timeframe as COVID struck.

In September 2020, the Alliance resumed work in the Climate Change area through the formation of a **climate change subgroup**, co-convened by Terri Morrissey and Brian Dixon.

This group started by making efforts to re-engage Alliance Members around the theme of climate change. It carried out a survey in October and November to ascertain current views on the topic and what is considered important. 39 organisations responded, 63% of the current membership.

The findings included:

- There is a continued interest in the topic and recognition of its importance
- The current focus is on supporting those affected by climate change rather than trying to influence attitudes, behaviours and policy that might prevent it
- There is limited expert knowledge of the topic. Only 18% felt that they were well informed on issues relating to climate change
- There are opportunities for psychologists to contribute to consultation and training on climate change prevention
- There are limited funds available to support the work, with just 18% claiming they had access to funding opportunities.

4. Next Steps

Experience over the last year has clearly shown the importance of the international perspective and the associated need for continued collaboration between Alliance members. There are a number of challenges associated with this including:

- Political and cultural diversity can lead to differences in perceptions of the issues. There are myriad ways in which climate change can be understood and addressed and ‘one size does not (always) fit all’ when it comes to preferred local action
- The level of resources available to the various associations - and the work already in progress on the issue - varies enormously
- Developing a coordinated science-based approach with varying levels of expertise is also a challenge. There are areas of the world where psychology does not have an influential voice, but which are impacted nevertheless by climate change.

The experience gained through how ALLIANCE members have learned to work together over the last few months through COVID is invaluable. The spirit of collaboration, co-operation, learning and support that has developed has been remarkable. In particular, the informal and egalitarian nature of the Alliance has facilitated the sharing of ideas and concepts and the rapid dissemination of outputs that help build shared understanding. This has been greatly assisted by those associations who already have a track record, expertise and resources having had the generosity of spirit to collaborate and share their experience with others. It is important to build on this success.

We see the next steps as follows:

- **Ensure all Alliance Members are on the same page** with the work that has been done to date on climate change. A number of new members have joined since the Lisbon Summit and some members who were at Lisbon have been focused on COVID-related issues. This report aims to do that.
- **Support national associations to continue work on their plans.** A first step would be to revisit the 'six-month' national plans developed at Lisbon, identify any overall themes, and assess what has been learnt from their experience. A second step would be to put in place a simple system for encouraging associations to develop plans for 2021 and to put a process in place for sharing and learning from each other on an ongoing basis
- **Strengthen the frameworks and processes** that support the networked organisation and identify any need for supporting resources as appropriate. For example, does the Alliance need to seek funding for shared resource to enable this to happen?
- **Further develop the capabilities of Alliance Members** by providing opportunities for learning/ expert input from climate change specialists, including APA working group. One way of doing this would be to build a community of internationally-recognised climate change experts who would support the Alliance
- **Link activities to an overall objective** (e.g. contributing to the Glasgow COP 2021 could be an aspirational goal) and evaluating what is needed to be able to do that effectively

Attachment 1 – Proclamation and Resolution from Lisbon Summit

Proclamation

We, representatives of national and international psychological organizations in attendance at the Lisbon Inaugural International Summit on Psychology and Global Health, are committed to ongoing collaboration in the application of psychological science to jointly advance progress on critical global issues, including the United Nations Sustainable Development Goals. Our commitment of professional, scientific, educational, cultural, and applied resources will be directed to achieve progress on matters of utmost importance for which psychology offers the greatest contribution. Our initial efforts will be focused on Sustainable Development Goal 13: Take urgent action to combat climate change and its impacts. Our mutual work on applications of psychological science to climate change will also provide a framework and model for future collaboration focused on proposals to address critical global issues.

Resolution

WHEREAS there is overwhelming agreement among climate scientists that climate change poses a serious global threat, is occurring faster than previously anticipated, and is contributed to by human behavior;

WHEREAS despite the widespread acceptance of climate change science, human behavior has nevertheless not changed significantly enough to combat the deleterious effects of climate change. Research suggests that this is in part due to psychological factors: Climate change is a complicated, abstract, value-laden problem, which cannot be solved by individual behavior -- the worst effects of which are longer-term;

WHEREAS current research and public communications on the impacts of climate change have often emphasized the major physical damage caused by extreme weather, such as floods, droughts, hurricanes, and wildfires;

WHEREAS insufficient attention has been paid to climate-caused increased displacement, migration, and conflict among individuals and populations;

WHEREAS insufficient attention has been paid to climate change's disproportionate impact on already vulnerable groups with fewer resources, including low-income individuals and those who live in rural and remote areas, people of color, indigenous and/or culturally diverse communities, women, children, older adults, and individuals with disabilities;

WHEREAS insufficient attention has been paid to the strong linkage between climate-caused extreme events and inequality, where psychology can play a role to raise awareness of the social construction of risks in research, policymaking and media communication;

WHEREAS insufficient attention has been paid to climate change-related major acute and chronic adverse mental health outcomes, including stress, trauma, and shock; post-traumatic stress disorder and other forms of anxiety; depression; and substance use disorder;

WHEREAS research shows that human behavior has an impact on climate change and that psychology as a science focuses on the study of human behavior, including the origins, consequences, and conditions that allow for interventions to modify it.

THEREFORE, BE IT RESOLVED that our psychology organizations will advocate for and support international and cross-disciplinary collaboration to help prevent and mitigate climate change and facilitate people's adaptation to its effects, utilizing many relevant psychological subdisciplines:

Recommendations Related to Key Stakeholders

We will encourage governmental, educational, health, and corporate leaders to move immediately to adopt norms, values, and policies to promote sustainable preventive and corrective behaviors at community, organizational, and individual levels;

We will continue to develop and publicize the psychological evidence base for behavior change, ensuring that public policy, organizational, and individual responses are informed by the science of psychology;

We will showcase and support to policymakers and others the role of psychology as a key science to understand and tackle climate change within an interdisciplinary approach to global challenges;

We will encourage our members to advocate for the rights of those most susceptible to the negative mental health impacts of climate change, for example, by encouraging policymakers to fully fund programs to aid those who suffer harm from severe climate change related events;

We will highlight to policymakers and others the importance of psychological services and supportive interventions to help minimize harm to mental health and well-being, especially among vulnerable populations, and for initiatives to increase community resilience;

Recommendations Focused on Our Members and the Public

We will inform our respective members and the public about climate change, emphasizing scientific research and consensus on its causes and short- and long-term harms, and the need for immediate governmental, societal, community, and personal action;

We will encourage our members and other leaders to be vocal advocates concerning the necessary mitigatory, preparatory, and responsive adaptations to climate change;

We will promote awareness of the psychological blindness that leads to regarding inequalities as a social fate, instead of a political choice; and

We will support the development of a public awareness campaign to encourage individuals, organizations, and communities to adopt behaviors to help prepare for and recover from gradual climate change and acute climate change events.

- American Psychological Association
- Association of Psychologists in Nepal
- Australian Psychological Society
- Asian Psychological Association
- Bahamas Psychological Association
- Brazilian Society of Psychology
- British Psychological Society
- Canadian Psychological Association

- Caribbean Alliance of National Psychological Associations
- Chinese Psychological Society
- College of Psychologists of Peru
- Colombian College of Psychologists
- Cuban Society of Health Psychology
- Cuban Society of Psychology
- European Federation of Psychologists' Associations
- Finnish Psychological Association
- Flemish Association for Clinical Psychologists
- German Psychological Society
- Guatemala College of Psychologists
- International Association of Applied Psychology
- International Council of Psychologists
- International Union of Psychological Science
- Jamaican Psychological Society
- Japanese Psychological Association
- Jordanian Clinical Psychologists Association
- Korean Psychological Association
- Lebanese Psychological Association
- Mexican Psychological Society
- National Psychological Association of Ukraine
- New Zealand Psychological Society
- Nicaraguan Association for the Development of Psychology
- Nigerian Psychological Association
- Norwegian Psychological Association
- Order of Psychologists of Albania
- Pan-African Psychology Union
- Portuguese Psychologists Association
- Psychological Association of Namibia
- Psychological Association of Serbia
- Psychological Society of Kenya
- Spanish Psychological Association
- Swedish Psychological Association
- Uganda Council of Psychologists
- Uruguayan Psychologists Association
- Zanzibar Professional Counselors Association

Attachment 2– ‘Six month’ National Plans from Lisbon Summit

These national plans and commitments were drafted at the end of the Summit. Some associations had had to leave the Summit at this point, so were unable to produce plans.

<p>American Psychological Association</p>	<p>November:</p> <ul style="list-style-type: none"> ▪ Now - Debrief APA staff <p>December:</p> <ul style="list-style-type: none"> ▪ Begin planning, staffing, & recruiting ▪ Develop advisory committee for BOD ▪ Reach out to APA divisions ▪ Start planning for APA convention event (2020) <p>January:</p> <ul style="list-style-type: none"> ▪ Convening of other interested nonprofits ▪ Start compilation of funding sources ▪ Explore possibilities with IUPsyS ▪ Government advocacy ▪ Resource support for social networks <p>February:</p> <ul style="list-style-type: none"> ▪ Scope out an update to APA climate report ▪ Brief & recruit COSSA & FABBS <p>April:</p> <ul style="list-style-type: none"> ▪ Bring funding etc. together <p>May:</p> <ul style="list-style-type: none"> ▪ Climate science meeting with PBS media producers (on video, Boston)
<p>Association of Psychologists in Nepal</p>	<ul style="list-style-type: none"> • Try to reach the ? of people to government. Primarily health as well as mental healthcare should be provided to them • Mental health policy exists in Nepal but it is still not implemented • Action: Try to work out and update and use adequately according to demand of situation • Interested to work with other associations and collaborate the research work

<p>Australian Psychological Society</p>	<p>Will:</p> <ul style="list-style-type: none"> ▪ Review and update resources (now) ▪ Obtain Board approval to make it a priority for the coming year (for 2020) ▪ Develop a targeted media/advocacy plan which continues our Psychology Week campaign also promote other aspects of psychology and CC ▪ Put climate change on the agenda for our Nov 2020 conference in Brisbane ▪ Explore how we can work in partnership with university/Gov/philanthropic trusts to commence research projects in this area ▪ Collaborate with N.Z. colleagues for a joint conference with a focus on climate change ▪ Explore how to integrate the outcomes of this workshop into our ongoing plans ▪ ? A joint presentation on the outcomes of this workshop at International Conferences to promote this work
<p>Bahamas Psychological Association</p>	
<p>Brazilian Society of Psychology</p>	<ul style="list-style-type: none"> ▪ Publicize this meeting at our social media network (done) ▪ Include at our next newsletter a notice (detailed) about this meeting ▪ Invite members to write an article (to be published at our webpage) about the relation between psychology and climate change ▪ Create a specific space at our webpage for info on actions related to psychology and climate change ▪ Include in the planning for the next national congress, activities in the psychology and climate change area

<p>British Psychological Society</p>	<p>Next 6 months:</p> <ul style="list-style-type: none"> ▪ Climate change feedback to members part of 2020 conference theme ▪ Journal – special edition focused on climate change ▪ Bring together academics working on this subject in the UK (mapping) ▪ Link ē for Industry - signposting ▪ Recruitment of Director of Knowledge ▪ UK research ▪ Psychologically informed policy <p>International Interest/Collaboration:</p> <ul style="list-style-type: none"> ▪ Research: Academic Panel/Literature Review/Update of APA report, Interdisciplinary exchange, Grant funding externally, Grant funding internally, Psychology Catapult?
<p>Canadian Psychological Association</p>	<ul style="list-style-type: none"> ▪ Bring proceedings from this summit to CPA’s section on environmental psychology. ▪ Support the section to develop a position paper on what psychological science and practice can bring to climate change discussion, legislation, policy and programs. To include: <ol style="list-style-type: none"> i. Upstream: education about good environmental choices and behavior ii. Downstream: helping people with mental health issues associated with real and anticipated climate change issues iii. To address: what are the factors that determine environmental behavior? How can we help people, individuals, communities, workplaces make good environmental choices and actions? How can Canada address policy and legislative goals when comes to helping country make better choices? ▪ Propose environmental change symposium at CPA’s annual convention. <p>International:</p> <ul style="list-style-type: none"> ▪ CPA is prepared to assist on the collaborations development of a position paper.

<p>Caribbean Alliance of National Psychological Associations</p>	<ul style="list-style-type: none"> ▪ Report on this event to our members ▪ We are hosting a conference on disasters – this will be included ▪ Examines current climate change initiatives in the Caribbean region & create a compendium i. National members engagement & plans <ul style="list-style-type: none"> ▪ Disseminate info to external members ▪ Explore ways that climate change can be integrated into CANPA’s strategic plans ▪ Include climate change in website resources ▪ Build partnerships with internal & external organizations
<p>Chinese Psychological Society, Asian Psychological Association</p>	
<p>College of Psychologists of Peru</p>	<p>N/A</p>
<p>Colombian Association of Psychologists</p>	<ul style="list-style-type: none"> ▪ To introduce climate action in our strategic plans (May 2020). ▪ To promote the discussion on climate change, mental health and psychology in the 11 chapters of the association (January 2020). ▪ To organize regional symposiums on the topic (Jan – May 2020). ▪ To contact other organizations working in Colombia on climate action to define means of collaboration (January 2020). ▪ To introduce climate action in our mental health pilot program in the state of Arauca (February 2020). ▪ To design and implement a media campaign on climate change developed by our communications team (February 2020).
<p>Coordinadora de Psicólogos del Uruguay</p>	<ul style="list-style-type: none"> ▪ MOU with UNESCO Regional Bureau for Sciences to contribute to the celebration (from CPU) of int’l days for science and peace <p>February</p> <ul style="list-style-type: none"> ▪ Rapport on Summit outcomes published in newsletter <p>March</p> <ul style="list-style-type: none"> ▪ Round table on “Psychology and Climate Change” in association with APA (same to be presented in 2020 Annual Meeting)

<p>Cuban Society of Health Psychology</p>	<ul style="list-style-type: none"> ▪ We are working as an association to establish an educational national strategy to achieve new attitudes on ecological behavior in the Cuban population as a way to reduce the impact of the climate change and its consequences and increase the risk perception. ▪ We have established different steps that obey to the different moments of our strategy, doing emphasis in the interdisciplinary approach. ▪ The next international conference of Health Psychology will be an important space to share experiences and to adopt new decisions.
<p>Cuban Society of Psychology</p>	
<p>European Federation of Psychologists' Associations</p>	<p>Next 6 months:</p> <ul style="list-style-type: none"> ▪ Include climate change in policy influencing/advocacy prioritization for 2019/2021 activity period (by member associations meeting 29 Nov 19). ▪ Map EU, European commission existing activity, objectives on climate change as relevant to psychology (by end June 2020 – present to member associations). ▪ Harness interest from EFPA working groups related to initiative on climate change and develop objective in work plan (by end June 2020). ▪ Present relevant work at Congresses e.g. ICP 2020. <p>International Interest/Contribution:</p> <ul style="list-style-type: none"> ▪ Explore EC/European philanthropic level grant funding for research work stream (by June 2020). ▪ Link with other regional bodies (by June 2020).
<p>Flemish Association for Clinical Psychologists</p>	<p>National Level:</p> <ul style="list-style-type: none"> ▪ Awareness: Members = web file (6 months), position paper (6 months), climate change task force (6 months), GA endorsement (6 months), climate training/climate change ambassadors (+6 months). General Public = position paper general press (6 months), web file (6 months), Counter fake news (6 months). ▪ Representation: Political influence = position paper (6 months), climate change tour (+6 months), capacity building (+6 months). Building climate change network = position paper (6 months), toolkit research evidence (6-12 months) <p>International:</p> <ul style="list-style-type: none"> ▪ Commitment to International Alliance on Psychology and Climate Change (IAPC) ▪ Coordination actions with the IAPC ▪ Commitment to fund the IAPC

<p>German Psychological Society</p>	<ul style="list-style-type: none"> ▪ Bring the issue into our membership by our existing subgroup on environmental psychology (end of the year) ▪ Do research on our resources, research already done and activities done or planned (6 months) ▪ Start a media campaign (3 months) ▪ Develop ideas for education and implementation (April 2020) ▪ Index climate change on our next conference in Vienna September 2020 (there is already a topic on it) (March 2020) ▪ Get in contact/keep in touch with the European associations (i.e. of social psychology and others)
<p>Guatemala College of Psychologists</p>	
<p>International Association of Applied Psychology</p>	<ul style="list-style-type: none"> ▪ Taskforce/Special project ▪ Webinars (communicate/sharing, training) ▪ Social Network ▪ 2 Special Issues: (a) International Review: Applied Psychology (b) International Review: Health and Well-being ▪ United Nations: Climate change and mental health ▪ Training: management, environment issues ▪ Research projects ▪ Psychology Week ▪ Special track on climate change in Cancun Centennial Congress 13-17 Dec. 2020
<p>International Council of Psychologists</p>	<ul style="list-style-type: none"> ▪ Build content in “Climate Change” section of Network of Psychologists concerned about Human Rights (www.humanrightspsychology.org) ▪ Newsletter article on this summit ▪ Newsletter article on climate change research/action (“storytelling”) ▪ Initiate Interest Group on climate change (interest groups = small collaboration to develop symposium or publication or research project) ▪ Add CC to conference call for papers ▪ Work with ICP UN reps and with multi-org “Psychology Coalition at the UN”
<p>International Union of Psychological Science</p>	

<p>Jamaican Psychological Society</p>	<ul style="list-style-type: none"> ▪ Ensure that our members are apprised of the relationship between psychology & climate change ▪ To align with organizations that are currently handling issues of climate change (e.g. ODPEM & disaster preparedness lab/unit at UWI, MONA). Both locally & regionally ▪ Engage experts in Jamaica on the matter (Dr. Dennis Edwards) ▪ Conduct 1 symposium/workshop on the issue ▪ Populate website with basic info from Int'l Summit
<p>Japanese Psychological Association</p>	<p>Within Association</p> <ul style="list-style-type: none"> • Share-share the process & products of this summit with the executive board (Nov. 24); share the recap of the summit with our members • Identify-identify resources (money, knowledge, people, groups, etc.) that are already there; identify groups (committees, STG, etc.) that are willing to develop more on the issue • Develop-develop public interests, including raising awareness, advocacy to society, companies, governments <p>International Collaborate! (get out of the changing room)</p>
<p>Jordanian Clinical Psychologists Association</p>	<ul style="list-style-type: none"> ▪ We will have a meeting for our member to present and give more information about climate change and see what we can do and make plans. ▪ In face we set a date end of Nov. 2019 to invite people e.g. psychologist, psychiatrists, and people from the public sector (government) and of course NGOs working in Jordan (media and others will be invited too). ▪ From a group of climate change expertise and interests. ▪ We aim to form a group of psychologists and other interested people to be trained in how to deliver information to public people in different places. ▪ After training this group we will try to go out to public places, schools, clubs, etc. to give more information and education about climate change. ▪ Special interest will go to who show more interest in climate change.
<p>Korean Psychological Association</p>	<p>Will in 6 months:</p> <ul style="list-style-type: none"> ▪ Schedule a symposium on climate change and psychology ▪ Share what I have learned in this summit with members through e-newsletter <p>Hope to in 6 months:</p> <ul style="list-style-type: none"> ▪ Find members who could be effective advocated ▪ Find a journal (among 15) to have a special issue on climate change ▪ Get connected through SN started from the Summit

<p>Lebanese Psychological Association</p>	<p>Call for a general meeting to all LPA members and also other MH associations:</p> <ul style="list-style-type: none"> ▪ Introduce the subject and its relation to MH ▪ Role of psychology ▪ Input and impact on community health and citizenship building; it is a common concern, bringing people together ▪ Committee of interest: define roles & actions; write in newspapers; TV program appearance; advocate (schools, hospitals, industries) ▪ Raise this issue at a national scope <p>Call for a meeting with MOH (Ministry of Health)</p> <ul style="list-style-type: none"> ▪ National training of psy. & NGO's ▪ Partner with other ministries (education, etc.) ▪ Day (official) of climate change awareness
<p>Mexican Psychological Society</p>	<ul style="list-style-type: none"> ▪ We will analyze the most important behaviors that affect the environment. ▪ We will make a video where we will show people how it contributes to the pollution and climate change. ▪ Presidents of different international associations will be invited to mention a reflection phrase. ▪ We will put it in Facebook.
<p>National Psychological Association of Ukraine</p>	<p>Our main goal is promotion contemporary knowledge about climate change and popularization of eco-friendly behavior.</p> <p>How do we do it?</p> <ul style="list-style-type: none"> ▪ New scientific knowledge about climate change (3 months) ▪ To recap main ideas (1 month) ▪ To start a media company with Ukrainian psychologists and well-known persons (5 months) ▪ To create advice list on how we can change out non-ecological habits (6 months) <p>About interest and contribution: learn more about successful experiences other countries Sweden, Norway, Australia, New Zealand</p>

<p>Aotearoa/New Zealand Psychological Society</p>	<p>6-month plans:</p> <ul style="list-style-type: none"> ▪ Offer workshops for psychs and health professional in (Auckland trialed yesterday), Dunedin Friday 25 Nov and Wellington 26 Nov <p>i. Review workshops – plan 2020 series.</p> <ul style="list-style-type: none"> ▪ Plan NZPsS conference symposium on climate psychology for August 25-28 2020 in Dunedin, NZ <p>ii. Invite keynote & guest speakers</p> <p>iii. Invite attendees, participants</p> <ul style="list-style-type: none"> ▪ Join, take active role (of Climate Psych Task Force) in international network for info/resource sharing ▪ Lobby our Govt. & Ministry for the Environment for funds, support, resources for Climate Psych. Under implementation program of our Zero Carbon Act (2019) ▪ Increase “reach” of our Climate Psych Task Force to members & other psychologists <p>International:</p> <ul style="list-style-type: none"> ▪ Collaboration with Australian colleagues. Plan & proceed or joint conference ▪ 2020 conference – speakers, attendees ▪ Collaboration: research, action plans, policy development (e.g. NZ & overseas colleagues re “ZC” Act), OCEANA network
<p>Nicaraguan Association for the Development of Psychology</p>	
<p>Nigerian Psychological Association</p>	
<p>Norwegian Psychological Association</p>	

<p>Order of Portuguese Psychologists</p>	<ul style="list-style-type: none"> ▪ Advocate for psychology and psychologists on climate change (Summit resolution) i. Audience with minister of environment and climate action (Nov 19 – Jan 20) ii. Meetings with all political parties (Nov 19 – Jan 20) iii. From parliament (Nov 19 – Jan 20) <ul style="list-style-type: none"> ▪ Meetings with environmental org. (Mar 2020) ▪ Nudging and BI in public policy applied to climate action (Apr 2020) ▪ E-learning professional development training for psychologists (May 2020) ▪ Climate action signature to the 5th national congress (Jul 2020) ▪ In our specific forum with universities discuss a joint action for curricula and professional training in this topic (Dec 2019) ▪ In our “white book” for the future of the profession in Portugal include a strategic position about climate action (May 2020) ▪ Commitment to deliver the results of the summit to the S.G. of UN with initiative for diplomat
<p>Order of Psychologists of Albania</p>	<ul style="list-style-type: none"> ▪ First level – let’s talk about climate change costs (nobody has talked about it) ▪ Second – media campaign ▪ Third – raise awareness. Try hard to change people’s mentality and attitude ▪ Collaborate with other bigger associations to support us in training and the education of Albanian psychologists in this issue.
<p>Pan-African Psychology Union</p>	
<p>Psychological Association of Namibia</p>	<ul style="list-style-type: none"> ▪ Empower the committee on International Relations and Professional Growth to incorporate climate change on its agenda. ▪ Present an open workshop on the role of psychology on climate change (by April 2020). ▪ Forgo alliances with other psychology associations and share the effects of climate change in Namibia and SADC regions and PAPU (by May 2020).
<p>Psychological Society of Kenya</p>	<p>N/A</p>
<p>Seoul National University</p>	

<p>Serbian Psychological Association</p>	<p>What we will do:</p> <ul style="list-style-type: none"> ▪ Inform members through website about the summit ▪ I will write a report for the members ▪ Organize lecture for psychology students on the topic: Psychology and Climate change (as well as a presentation at Serbian Psychology Congress) ▪ Inform media in our country about the Summit and talk about the role of psychology in preventing climate changes <p>International Interest:</p> <ul style="list-style-type: none"> ▪ We would like to get assistance and guidelines on good practice models from APA and other associations
<p>Spanish Psychological Association</p>	<p>Objective: Increase knowledge and awareness skills</p> <ul style="list-style-type: none"> ▪ Create a task force on climate change with experts in field (1-3 months) = review current research; report with reviewing results; produce materials for out media/journals; starting point for info. And future training (workshops, online training). ▪ Common platforms with other professions (3-6 months) = common goals, knowledge sharing, common actions and politics ▪ Commitment from regional associations (1-2 months) ▪ Once organized (proposals and lobbying; 6-12 months) = behavioral + attitude change – government, industries + enterprises, individuals (public, by choice) ▪ Immediate proposals (1-2 months) = COP goes green (recycling and optimizing resources); special issue on climate change; appearance in national congress; add topic to journals and congress ▪ Budgeting and approval by EC
<p>Swedish Psychological Association</p>	<ul style="list-style-type: none"> ▪ Take the subject to the National Committee of Psychology (Monday) ▪ Blog about this summit on our web (Sunday) ▪ Climate change as a theme in our congress (May) ▪ Produce information material for psychologists, decision makers, and the public (during Spring) ▪ Yes, we are interested in working with other associations

<p>Uganda Council of Psychologists</p>	<ul style="list-style-type: none"> ▪ Convene meeting of psychologists ▪ Convene meeting of psychologist together with existing players in environmental management (Gov't, NGOs, industries) ▪ Both meetings identify gaps for immediate address ▪ Conduct tours of these problem areas ▪ Use media to educate communities on environmental change management ▪ Produce brief notes for integration in National Development Plans (NDP) in line with UN Sustainable Development Goals ▪ Conduct trainings ▪ Recommend for action ▪ Recommend to education institutions for incorporating in curricula
<p>Zanzibar Professional Counselors Association</p>	<p>N/A</p>

ATTACHMENT 3– Notes from Interest Areas at the Lisbon Summit

A series of discussions were held throughout the summit to identify the key areas of international cooperation that were necessary to support a global response to climate change.

These were eventually distilled into six areas and participants were asked to consider ‘why’ the area was important, ‘what’ needed to be done and ‘how’ this could be achieved.

Flip chart notes from each group are summarised below.

Science

- Why?
 - We really don’t know how to evoke behavior change
 - Need to frame problem in behavior not tech
 - Credibility: frame in science
 - What research needs to be done to combat climate change?
- What?
 - Systematic review
 - Cross-cultural and cross-generational
 - Human factors of behavior change
 - I/O and HF Problem
 - How to evoke behavior change
 - Why do people tune out/internal drivers
 - Big data, open science
- How?
 - Advocacy (funding)
 - Government
 - Philanthropic
 - Create academic panel (global)
 - Update APA report with global flavor
 - Map of universities, research centers, etc
 - Interdisciplinary workshops/conferences
 - Catapults
 - UN conference
 - Sandbox Summits

Building a Social Network

- Why?
 - Sharing accurate and useful information to change attitudes and behaviors toward climate action
 - Sharing access to resources
 - E.g. research funds support strategic connections
 - Building synergies, collaborations (between people from regional to global)
 - Empowering people
 - To inform and to influence public opinion and help establish the role of psychologists

- What?
 - For members
 1. Assess the current situation
 - a. What info exists?
 - b. What resources?
 - c. Needs and challenges?
 2. Identify international lead agencies to liaise with national/regional groups and conveners of networks for climate action
 3. Determine appropriate/effective platform(s) for networking
 4. Establish systems/mechanisms for control of content, quality, usefulness, etc.
 5. Sharing climate psych research
 6. Counter misinformation (members, public, media, policymakers)
 - 7.

- How?
 - Establish steering group responsible for implementing this
 - Identify lead agencies
 - Funding
 - Platform/site/medium
 - People (coordination, IT, ideas)
 - Standards/rules/guidelines
 - Timeframes
 - Announce as soon as possible
 - Consult associations (3 mo. – end of Feb 2020)
 - Responses from associations (6 mo. – end of May 2020)
 - Trial platform (9 mo. – end of Aug 2020)

National Toolkit

- What
 - Awareness tools (“how to”)
 - Conference (e.g. special session on climate change)
 - Publications (e.g. special issue on climate change; news)
 - Indexing (e.g. “climate change” as term)
 - Promotion/Media (e.g. celebrity film, campaign; awards; pledges)
 - Training/skill building
 - Culturally, developmental framework
 - Basic facts of climate change, prevention and resilience
 - Prevention: successful behavior change and disaster prevention
 - Disaster response: to increase resilience, hope, efficiency
- Why?
 - Equip psychology to be effective (raise awareness, train, skill-building)

Education (for psychologists)

- Why?
 - Urgent necessity to create awareness on the risks and consequences of climate change
 - Lack of relevant knowledge (scientific and factual) among psychologists
 - Usefulness on psychology’s input in this matter (in terms of knowledge about behaviors, emotions, attitudes)
 - Translate scientific data into terms the public will understand
- What?
 - Assessment of what is done, what is working, and the situation (gaps and existing resources)
 - Plan for relevant programs of education
 - For young psychologists and experienced psychologists
 - Low intensity and high intensity
- How?
 - An international committee of psychologists on climate change
 - Coordinating body- action plan
 - Create committee of interest
 - Coordinate with national, regional and international associations
 - Online guidelines
 - Digital platform
 - Separate levels
 - Attitudes
 - Prevention
 - Crisis intervention
 - Behavior change

Public Policy

- What
 - Representation (psychology at the decision-making table)
 - How/do we have the expertise yet?
 - Need to educate
 - Link up with the other environmental groups to be educated about issues and how psychology can be helpful
 - Adaptation [Diversity framework/approach]
 - Anticipatory – resilience strategies, help with coping
 - Aftermath – recovery (doesn't need to be within climate policy, could be MH policy)
 - Prevention/Behavior change
 - Informed by psychological knowledge
 - Draw on health psychology/change health, behavior
 - How to use behavioral principles to influence behavior
 - How did we get changes in seat belts, smoking, diets
 - Psychologically informed policy
- How?
 - Communication
 - Framing messages
 - Building support for public policy changes
 - Messages that would facilitate this work
 - Build [economic] case for psychological interventions and informed policy
 - Toolkit should include body of evidence
 - Build capacity of psychologists to be a resource
 - Educating psychologists about the role of psychologists and how their skills are relevant
 - Helping psychologists develop skills to help
- Why?
 - Necessary for success in climate action
 - Opportunity to achieve climate change goals by focusing on human behavior
 - The easy stuff as be done, we need new strategies

One World (one world-our world)

- One Psychology
- One Humanity
- Multilevel
 - Consumers, producers, society, policy, law, etc.
- Why?
 - Interconnected
 - Inclusive
 - Sustainable
 - Different needs
 - Ownership
 - Buy-in
 - Doing it for ourselves
 - From individual → future/groups/society
 - Packaging is vital
 - Decrease blame and “them vs us”
 - Individual and collective responsibility
- What?
 - Alternative narrative
 - Product
 - Messaging
 - Education
 - Research
 - Strategy
 - Behavior change modification
 - Psychosocial dimensions, perception
 - Interrelationships: perceived climate change and vulnerability